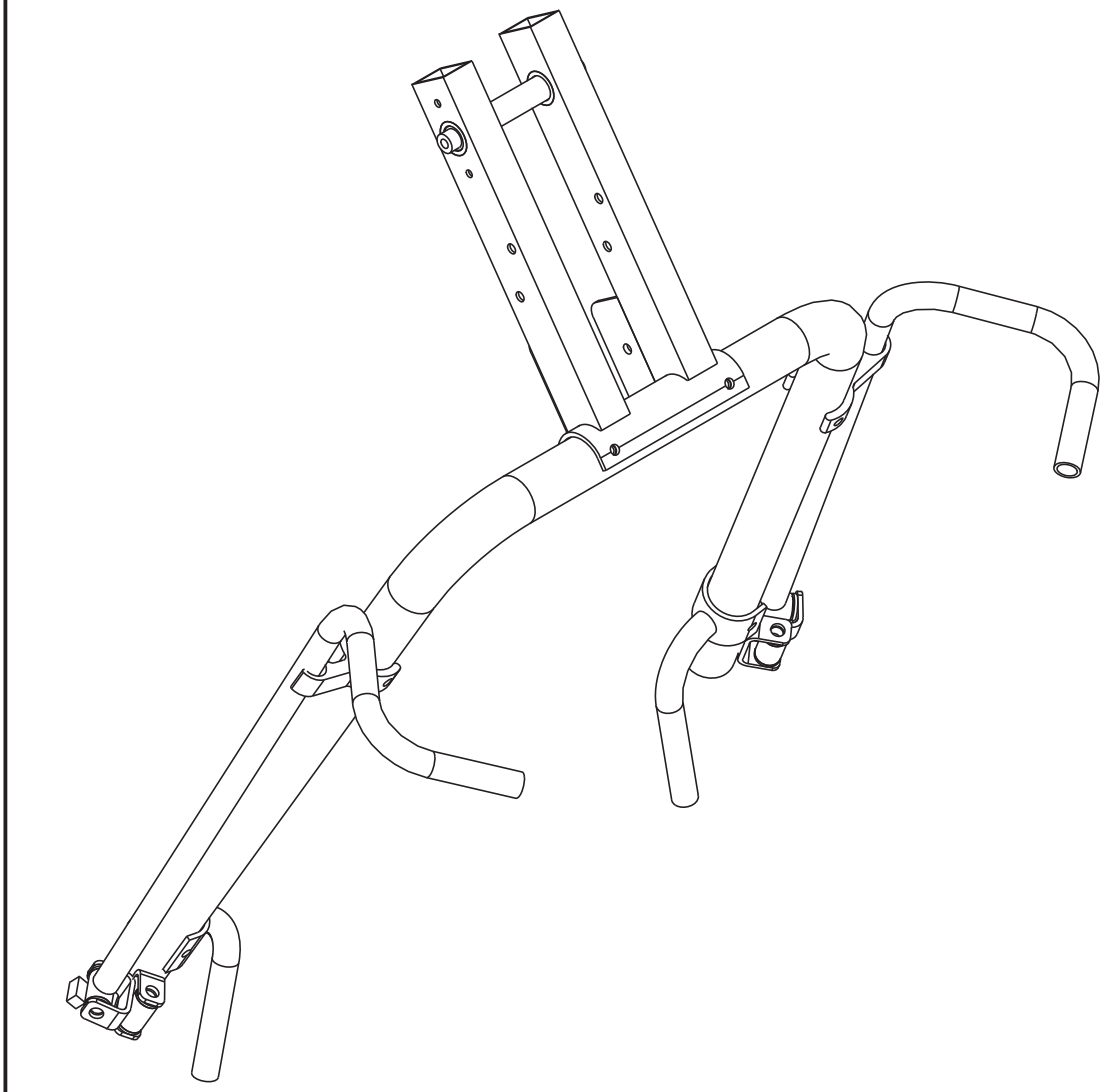
OWNERS MANUAL

HOIST
hoistfitness.com

HPA-2



Jan 2001

Note: Both Serial Number and Model Number are Required when Ordering Parts

RECORD SERIAL NUMBER HERE

MACHINE CODE

A00

Customer Service

(800) 548-5438

(619) 578-7676

Fax

(619) 578-9558

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Step 1

INSTRUCTIONS

Before beginning assembly please take the time to read the instructions thoroughly. Please use the catalog in this manual to make sure that all parts have been included in your shipment. When ordering use the part number and description from the catalog. Use only Hoist replacement parts when servicing. Failure to do so will void your warranty and could result in personal injury.

Hoist equipment is designed to provide the smoothest, most effective exercise motion possible. After assembly, you should check all functions to ensure correct operation. If you experience problems, first recheck the assembly instructions to locate any possible errors made during assembly. If you are unable to correct the problem, call your authorized Hoist dealer. Be sure to have your serial number and this catalog when calling. When all parts have been accounted for, continue on to Step 2.

SUGGESTED TOOLS

Socket Wrench

7/16", 1/2", 9/16", and 3/4" Sockets

Crescent Wrench

Ball End Allen Wrench Set
(5/64" thru 1/4")

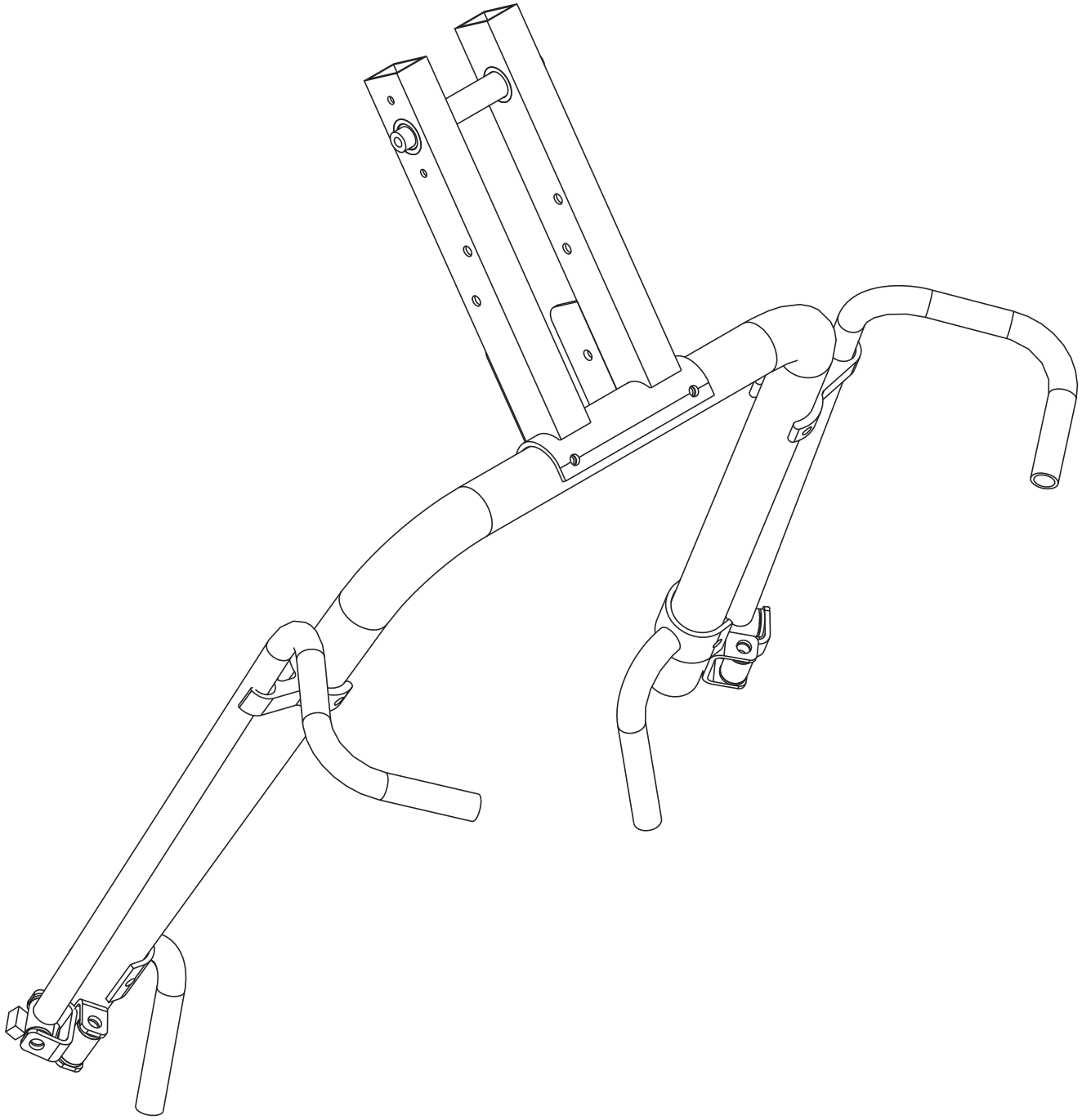
3/8-16 and 1/2-13 Tap

Rubber Mallet

Tape Measure

Step 2

FRAMEASSEMBLY



Step 2

FRAME ASSEMBLY

Next attach (4) and (9) to (1) as shown. Attach (5) to the top right side of (1); then, secure another (5) to the top left side of (1). ***Wrench Tighten*** all bolts installed up through this step. Secure (3) to (1); then, (6) to (3). ***Wrench Tighten*** bolts until snug then back off ½ turn or enough to make them swing freely. Repeat process for left side arm using (7) in place of (6).

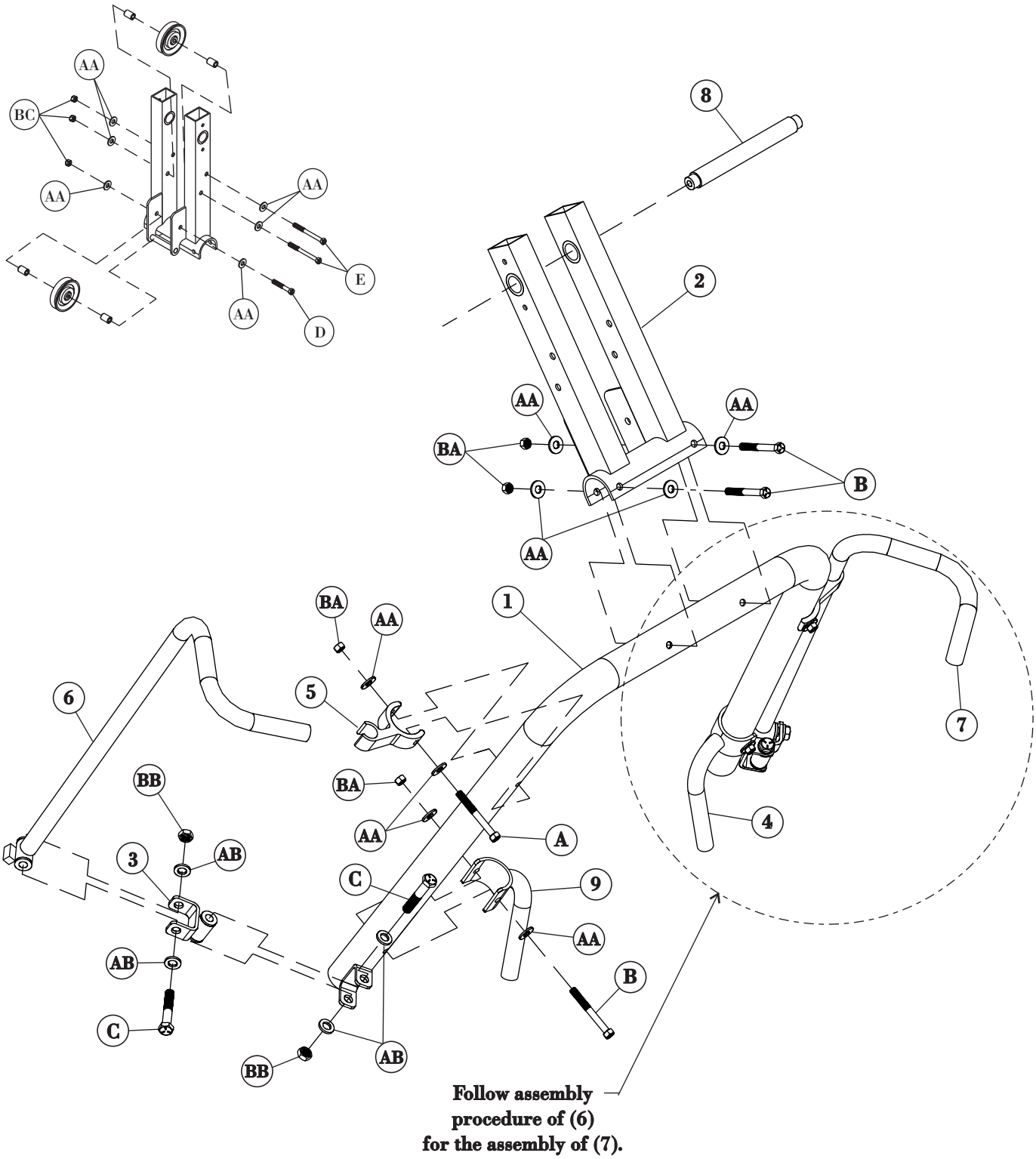
Part Descriptions

1 - Press Arm
2 - Press Arm Hanger
3 - U-Joint
4 - Row Handle, Right
5 - Handle Clip
7 - Left Press Handle
6 - Right Press Handle
8 - Axle Detail
9 - Row Handle, Left

Hardware Descriptions

A - 3/8"-16 x 3 1/4" Hex Bolt
B - 3/8-16 x 3" Hex Bolt
C - 1/2"-13 x 2 3/4" Hex Bolt
D - 3/8"-16 x 4" L
E - 3/8"-16 x 6 1/2" L
AA - 3/8" Flat Washer
AB - 1/2" Flat Washer
BA - 3/8" Nylok Nut
BB - 1/2" Nylok Nut
BC - 3/8" Nylok Nut, (Special Thin)

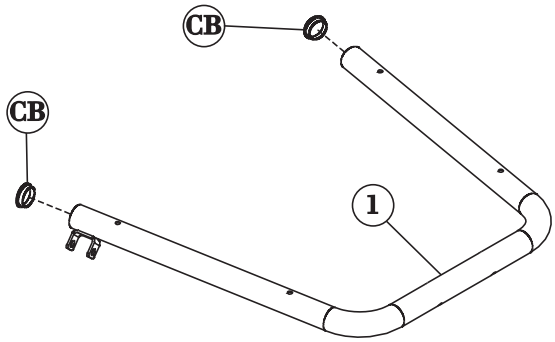
Pulleys, Spacers, Cable, and Cabling instructions are included with main unit.

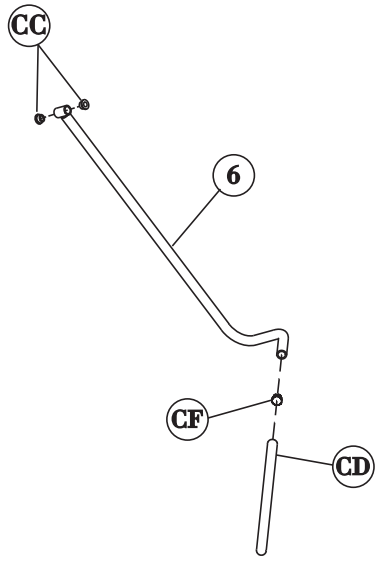


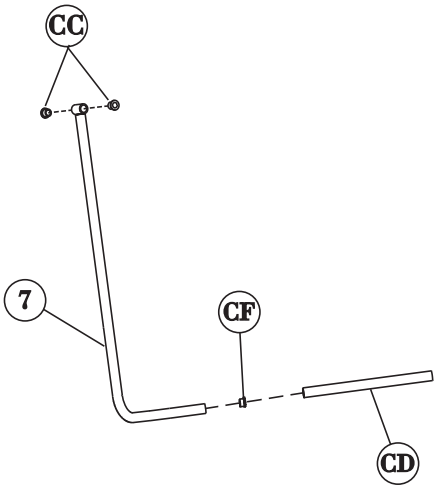
PRE-ASSEMBLED PARTS

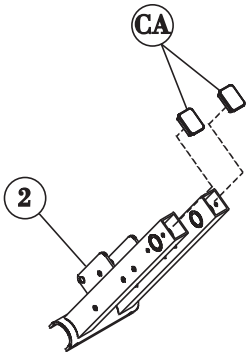
Part Descriptions

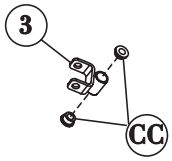
CA - Endcap 38mm x 50mm
CB - Round Endcap 50.8mm
CC - 1/2" Oilite
CD - 13" Rubber Grip
CE - Comfort Grip I.D 1" x 5"
CF - 1" Round Endcap

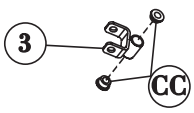

CB
CB
1

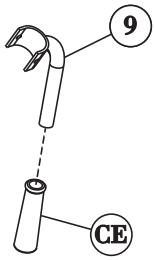

CC
6
CF
CD

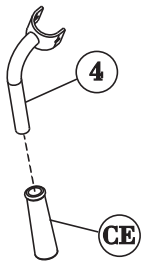

CC
7
CF
CD


CA
2


3
CC


3
CC


9
CE


4
CE

PART LISTING

Key #	Qty.	Part Number	Description
1	1	26-STD-HPA2-03	Press Arm
2	1	26-STD-HPA2-01	Press Arm Hanger
3	2	26-STD-H100-06	U-Joint
4	2	26-STD-HPA2-04	Row Handle, Right
5	2	26-STD-PLAS198	Handle Clip
7	1	26-STD-H100-10	Left Press Handle
6	1	26-STD-H100-11	Right Press Handle
8	1	26-STD-HPA2-02	Axle
9	1	26-STD-HPA2-05	Row Handle, Left

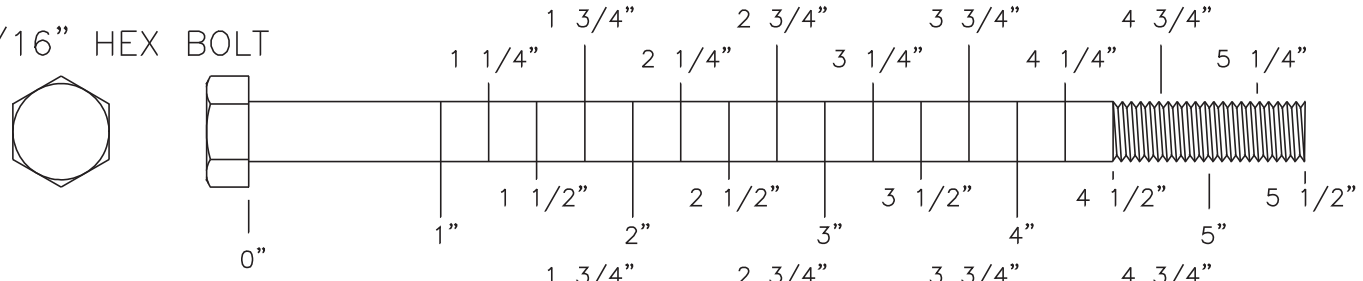
HARDWARE LISTING

Key #	Qty.	Part Number	Description
A	2	011-0107020	3/8"-16UNC x 3 1/4" Hex Bolt
B	4	011-0407026	3/8"-16UNC x 3" Hex Bolt
C	4	011-0407039	1/2"-13UNC x2 3/4" Hex Bolt
D	1	011-0407047	3/8"-16UNC x 4" Hex Bolt
E	2	011-0407062	3/8"-16UNC x 6 1/2" Hex Bolt
AA	18	013-0002004	3/8" Flat Washer
AB	8	013-0102003	1/2" Flat Washer
BA	6	012-0104008	3/8" Nylok Nut
BB	4	012-0304011	1/2" Nylok Nut
BC	3	012-0004004	3/8" Nylok Nut 7.2mm THK
CA	2	016-0001002	Endcap 38mm x 50mm
CB	2	016-0201017	Round Endcap Dia. 50.8mm
CC	8	26-STD-08-0026	1/2" Oilite
CD	2	19-GRP-131CL	13" Rubber Grip
CE	2	26-STD-06-0042	Comfort Grip I.D. 1" x 5"
CF	2	26-STD-06-0066	Round Endcap Dia. 1"

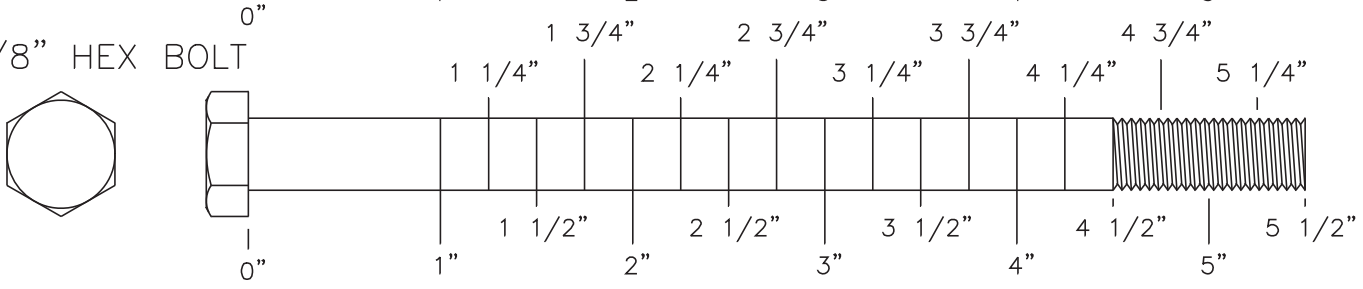
OWNERS MANUAL

BOLT SIZING CHART

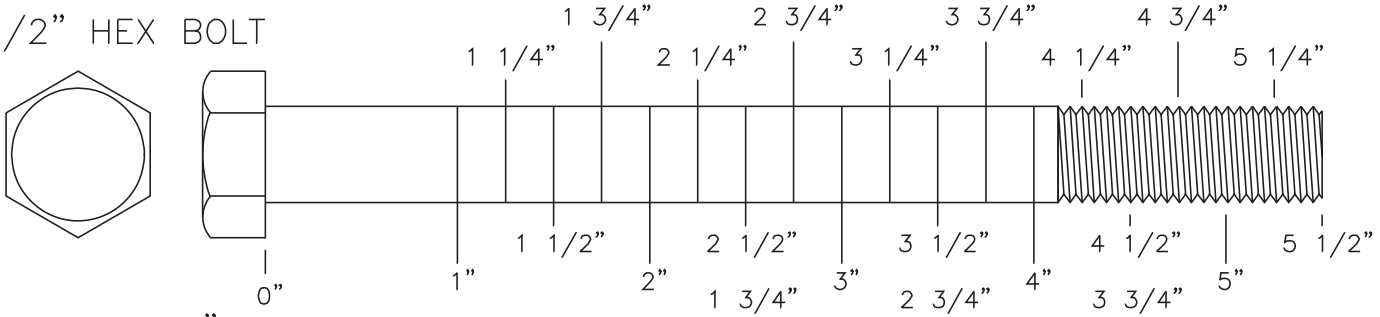
5/16" HEX BOLT



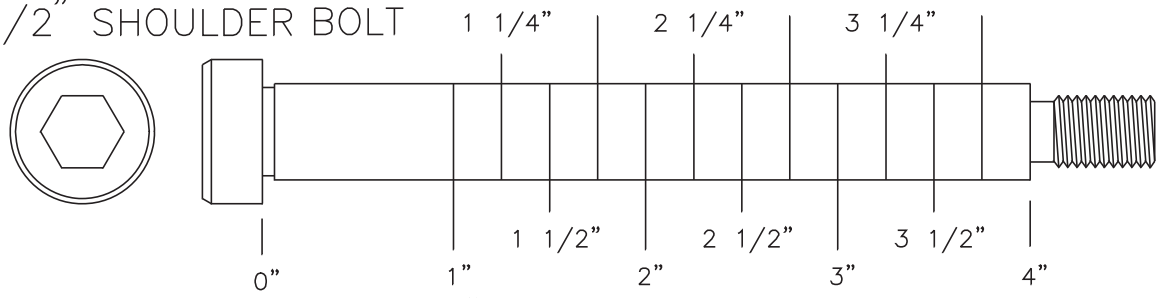
3/8" HEX BOLT



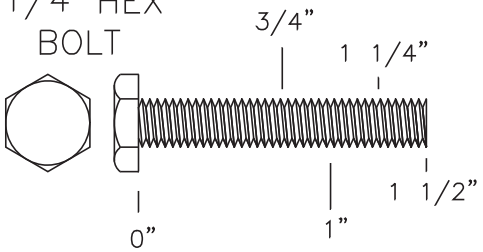
1/2" HEX BOLT



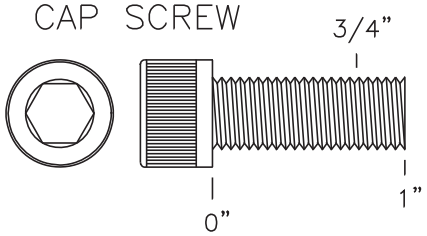
1/2" SHOULDER BOLT



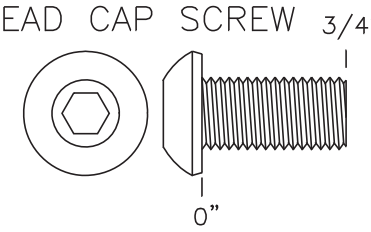
1/4" HEX BOLT



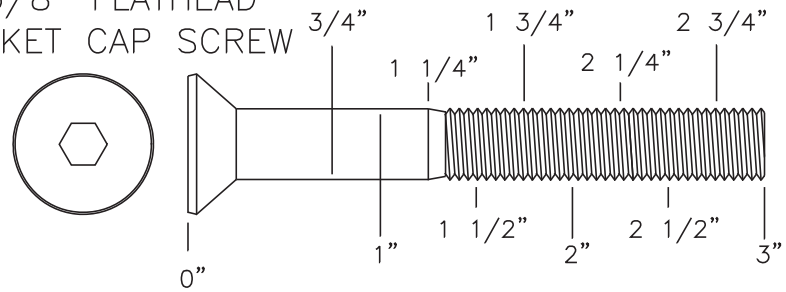
3/8" SOCKET CAP SCREW



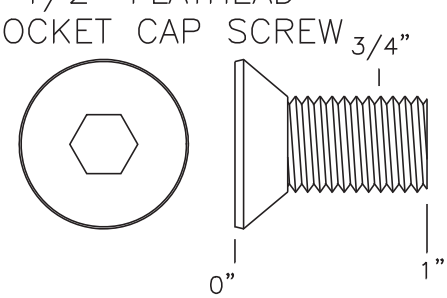
3/8" BUTTON HEAD CAP SCREW



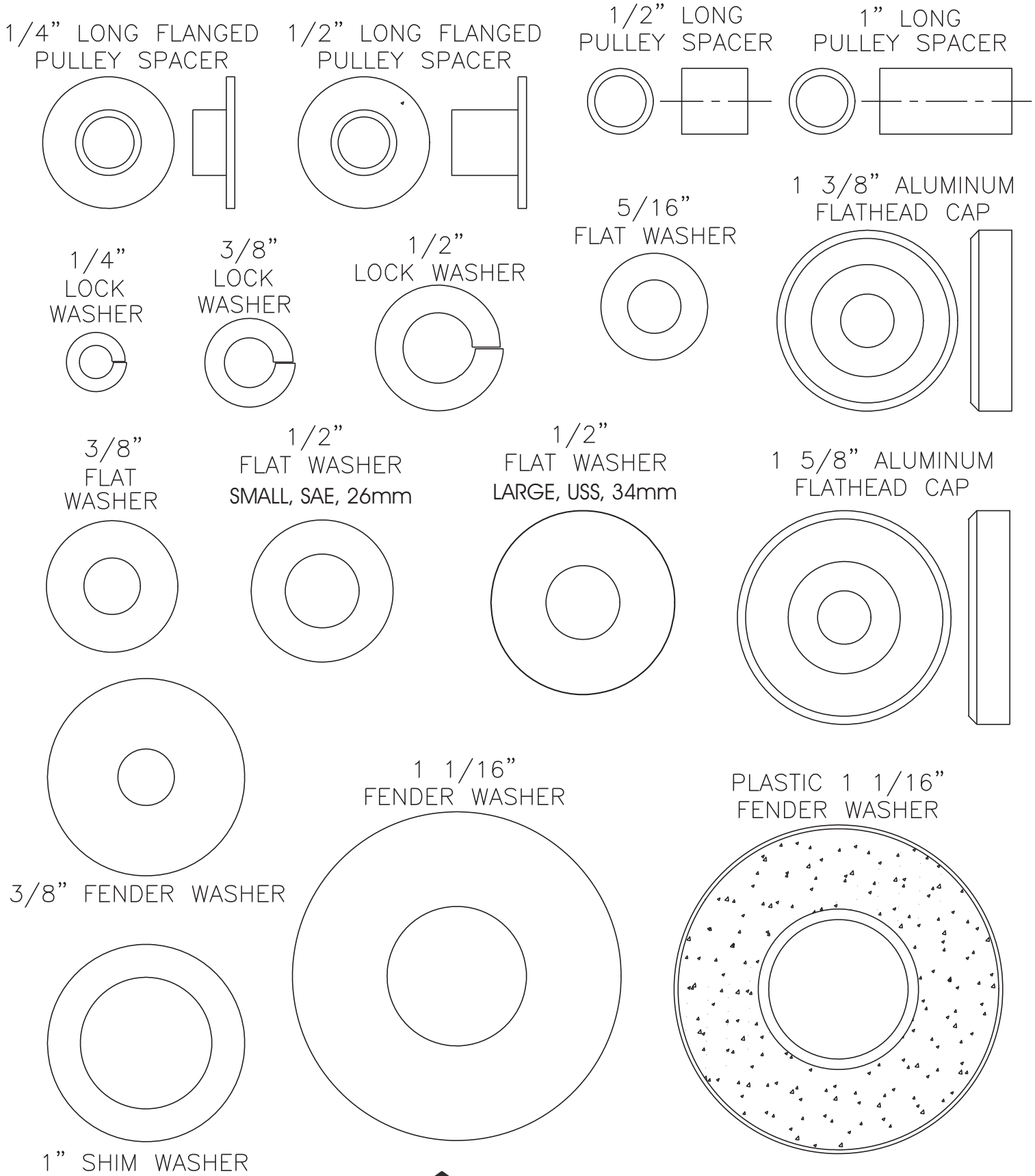
3/8" FLATHEAD SOCKET CAP SCREW



1/2" FLATHEAD SOCKET CAP SCREW

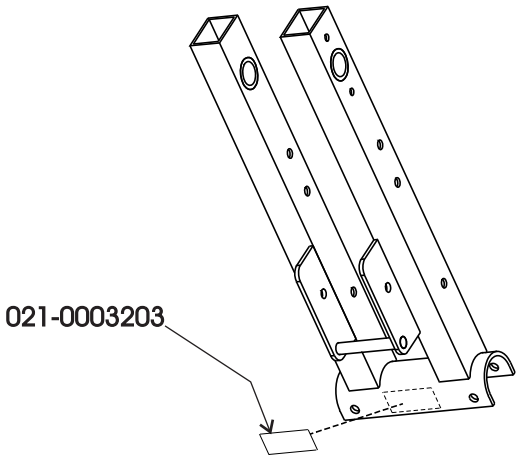


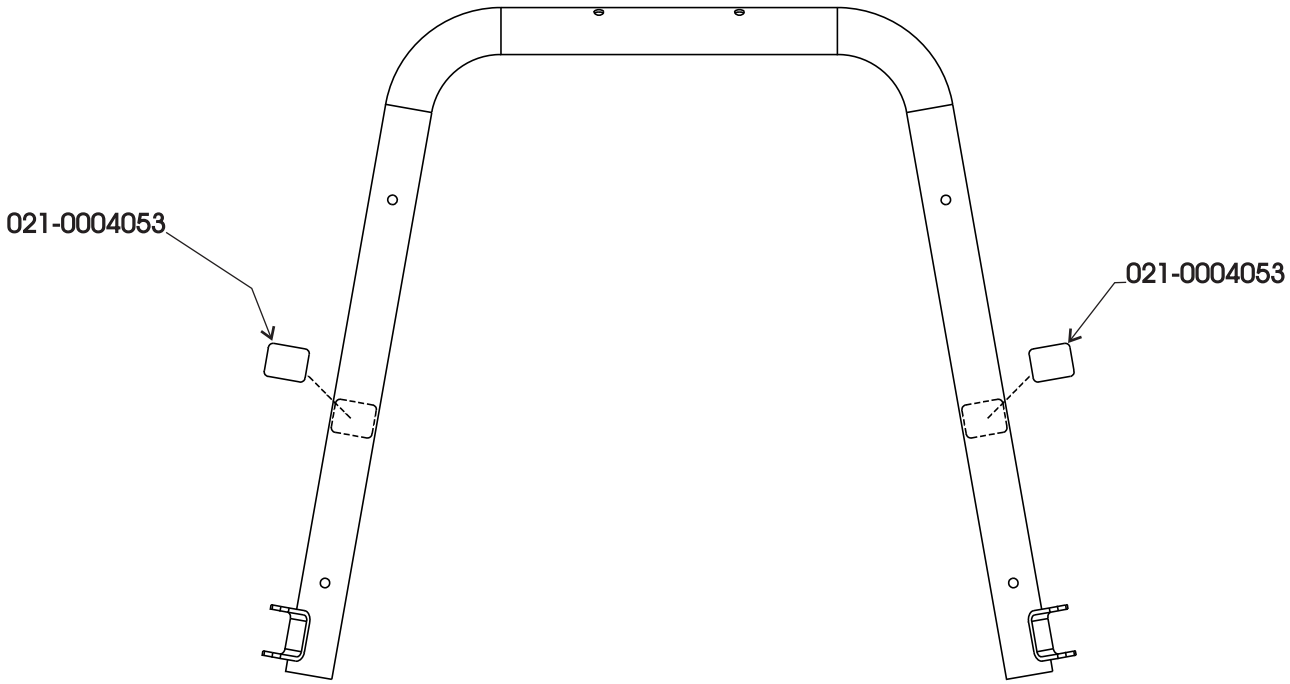
WASHER SIZING CHART



DECAL REFERENCE

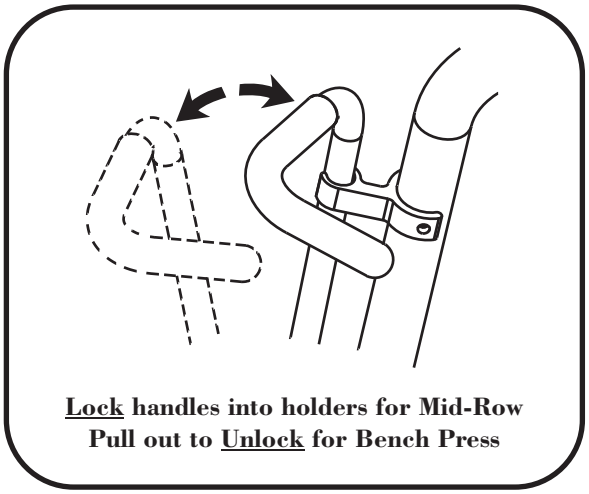
These decals have been attached to this piece of equipment to provide information regarding operation, safety and maintenance. Before use, take the time to read these decals.



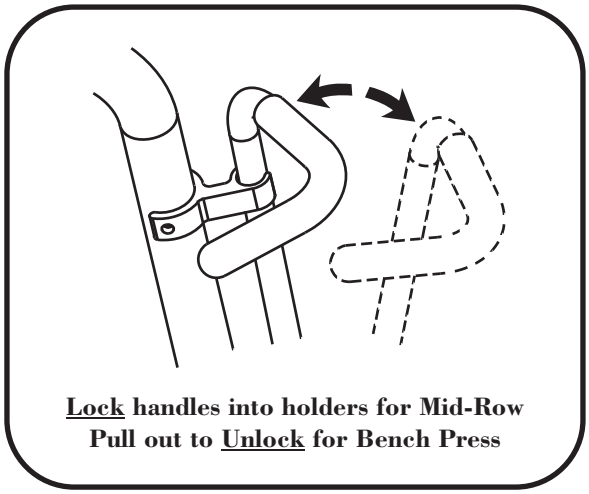


DECAL REFERENCE

These decals have been attached to this piece of equipment to provide information regarding operation, safety and maintenance. Before use, take the time to read these decals.



RIGHT SIDE



LEFT SIDE

021-0004053



021-0003203

SERIAL # DECAL ; ***Always refer to the number shown on your piece of equipment when talking to customer service or ordering parts.***

HOIST FITNESS SYSTEMS
LIMITED LIFETIME WARRANTY

Hoist Fitness Systems warrants this product to the **original purchaser** to be free from defects in workmanship and/or materials under normal use or service. If at any time a component part is defective, Hoist Fitness Systems shall repair or replace it (at Hoist Fitness Systems option) within a reasonable period of time. This warranty does not cover costs of removal. transportation or reinstallation. This warranty shall not apply if the defect was caused by misuse, neglect or normal wear and tear.

Starting from the original date of purchase, normal wear and tear shall be considered as the following:

COMMERCIAL USE: All malfunctions of upholstery, grips, paint, and chrome that occur after 180 days; all malfunctions of electronic components, belts or cables that occur after one year; all malfunctions of pulleys, bearings, or bushings that occur after five years. The frame and all welded components are warranted for the life of the product.

IN HOME USE: All malfunctions of grips, paint, and chrome that occur after one year; all malfunctions of electronic components, belts or cables, and upholstery that occur after three years; all malfunctions of pulleys, bearings, or bushings that occur after five years. The frame and all welded components are warranted for the life of the product.

Hoist Fitness Systems sole responsibility shall be to repair or replace the component within the terms stated above. Hoist Fitness Systems shall not be liable for any loss or damage of any kind including any incidental or consequential damages resulting, directly or indirectly from any warranty expressed or implied or any other failure of this product.

WHAT IS NOT COVERED BY THIS WARRANTY

Hoist's sole obligation under this warranty is limited to either repair or replacement of parts, subject to the additions below. This warranty neither assumes nor authorizes any person to assume obligations other than expressly covered by this warranty.
NO CONSEQUENTIAL DAMAGES. Hoist is not responsible for economic loss; profit loss; or special, indirect, or consequential

WARRANTY IS NOT TRANSFERABLE. This warranty is not assignable and applies only in favor of the original purchaser/user to whom delivered. Any such assignment or transfer shall void the warranties herein made and shall void all warranties, expressed, implied or statutory, except the one (1) and (5) year warranty described above. These warranties are exclusive and in lieu of all other warranties, including implied warranty and merchantability or fitness for a particular purpose. There are no warranties which extend beyond the description on the face hereof.

ALTERATION, NEGLECT, ABUSE, MISUSE, NORMAL WEAR & TEAR, ACCIDENT, DAMAGE DURING TRANSIT OR INSTALLATION FIRE, FLOOD, ACTS OF GOD . Hoist is not responsible for the repair or replacement of any parts that Hoist determines have been subjected after the date of manufacture to alteration, neglect, abuse, misuse, normal wear & tear, accident, damage during transit or installation, fire, flood, or an **ACT OF GOD**.

TRANSPORTATION COSTS . Hoist will accept parts covered under this warranty freight collect, provided that shipment has received prior approval. Hoist is not responsible for any other transportation costs, but will ship freight collect parts either repaired or replaced under these warranties.

WARRANTY CLAIMS. All claims should include: model number, the serial number, proof of purchase, date of installation, and all pertinent information supporting the existence of the alleged defect.

Hoist Fitness Systems
9990 Empire St. #130
San Diego, Calif. 92126
(800)548-5438

Web Site - www.hoistfitness.com

PLEASE KEEP THIS FOR YOUR RECORDS