MULTI STACK
GYMS

BROCHURE

HOIST® FITNESS

MULTI STACK GYMS

HOIST FITNESS

The HOIST Fitness H2200 2 Stack Multi-Gym and H4400 4 Stack Multi-Gym bring 40 years of innovation with their recent redesigns by our engineering team. Designed with the same smooth, natural, quiet motions that have become the HOIST® trademark, the H2200 and H4400 are the most up-to-date premium 2 and 4-station gyms for light commercial and commercial settings.

H-2200

FEATURES

- 200 lb. Silent Steel™ weight stacks: Each solid steel individual plate receives pressed-in industrial plastic bushings and then is machined to exacting specifications to insure glass smooth operation plus eliminating any metal to metal contact or sound.
- Exercise Placard provides a visual aid to illustrate exercise movements and help in organizing your workouts.
- Easy Glide™ inserts make adjustments quick, smooth and secure eliminating metal against metal contact & friction.

ACCESSORIES

- Ab Strap
- Curl Bar
- Fleece Knee Strap
- Strap Handles with 3 length choice rings

H-2200

FEATURES

- 200 lb. Silent Steel™ weight stacks: Each solid steel individual plate receives pressed-in industrial plastic bushings and then is machined to exacting specifications to insure glass smooth operation plus eliminating any metal to metal contact or sound.
- Exercise Placard provides a visual aid to illustrate exercise movements and help in organizing your workouts.
- Easy Glide™ inserts make adjustments quick, smooth and secure eliminating metal against metal contact & friction.
- Compact 2-stack gym provides an uncompromised range of exercises commonly found in health clubs.
- Space saving “L” shaped design fits easily into a corner and efficiently accommodates 2 users.

ACCESSORIES

- Two Strap Handles with 3 length choice rings
- Curl Bar
- Fleece Knee Strap

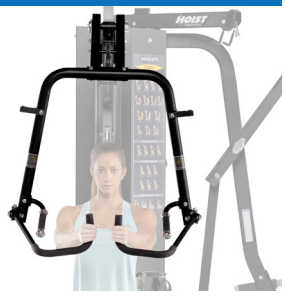
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2 STACK MULTIGYM

H-2200



ARTICULATING ARM OPTION AVAILABLE



FEATURES - STATION 2

CHEST PRESS, MID ROW, LEG EXTENSION, AND STANDING LEG CURL

- Interchangeable press arm options allows a user to choose between a traditional fixed press arm, or a patented 3D articulating press arm.
- Low and mid pulley stations allow users to perform a variety of upper and lower body exercises.
- Dual adjusters on the back pad offer telescoping and angular adjustments for proper positioning and back support.
- Locking pull pin provides stable pad positioning.

SPECS

PRODUCT DIMENSIONS (L X W X H)

108.75” X 117.50” X 82.25” (276 cm X 299 cm X 209 cm)

PRODUCT WEIGHT

1,005 lbs (456 kg)

WEIGHT STACK

200 lbs (91 kg)

FEATURES - STATION 1

LAT PULLDOWN, LEG PRESS, AND HIGH PULLEY

- Counter-balanced arm and self-aligning handles provide a smooth, natural feel to the lat pulldown.
- Angled thigh brace rollers on the lat pulldown allow users to quickly and easily slip into position without the need for adjustment.
- Self-aligning foot plate on leg press station automatically adjusts during the exercise to follow the natural movement of a user’s feet, taking the strain off of the ankles.
- 2:1 Split Weight Cabling™ ratio on the leg press provides 400 pounds of resistance.
- High pulley station allows a user to perform a variety of exercises.

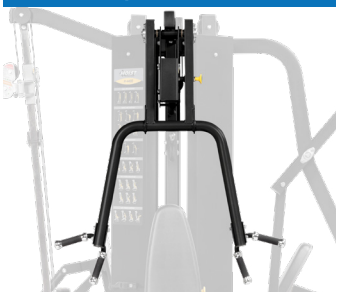
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4 STACK MULTIGYM

H-4400



FIXED ARM OPTION AVAILABLE



FEATURES - STATION 1

LEG PRESS

- Pillow block bearings and 4-bar linkage system provide smoother motion and increased durability.
- Foot plate follows natural movement of a user's feet, taking the strain off the ankles.
- Adjustable back pad accommodates different sized users.
- 2:1 Split Weight Cabling™ ratio provides 400 pounds of resistance.

SPECS

PRODUCT DIMENSIONS (L X W X H)
111.50" X 126.25" X 84.00" (283 cm X 321 cm X 213 cm)

PRODUCT WEIGHT
1,645 lbs (746 kg)

WEIGHT STACK
200 lbs (91 kg)

FEATURES - STATION 2

ADJUSTABLE CABLE COLUMN

- Pulley adjusts to 23 different positions.
- Split Weight Cabling™ reduces resistance by 50% to accommodate more exercises.

FEATURES - STATION 3

LAT PULLDOWN

- Counter-balanced arm with self-aligning handles automatically accommodates the movement and size of individual users.

FEATURES - STATION 4

CHEST PRESS, MID ROW, LEG EXTENSION AND STANDING LEG CURL

- Counter-balanced arm with self-aligning handles automatically accommodates the movement and size of individual users.
- Angled thigh brace rollers eliminate the need for adjustments.
- Interchangeable press arm options allows a user to choose between a traditional fixed press arm, or a patented 3D articulating press arm.

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MULTI STACK

FULL SPECS

PRODUCT NAME		*LENGTH*	*WIDTH*	*HEIGHT*	*WEIGHT STACK*
H2200-B	2 STACK MULTI GYM	108.75” (276 CM)	117.50” (299 CM)	82.25” (209 CM)	200 LB. (91 KG)
H-4400-B	4 STACK MULTI GYM	111.50” (283 CM)	126.25” (321 CM)	84.00” (213 CM)	200 LB. (91 KG)

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STANDARD COLORS

ROC-IT (RS, RPL)
COMMERCIAL FREEWEIGHTS (CF)
COMMERCIAL MULTI JUNGLE (CMJ)
CLUB LINE (CL)

FRAME

- Platinum
- White
- Matte Black

UPHOLSTERY

Black	Slate Gray	Dove Gray	Sky Blue	Royal Blue	Navy
OLY-115	OLY-185	OLY-120	US 516	OLY-190	NAVY SR-302
Blue Ridge	Hunter Green	Suede	Wheat	American Beauty	Burgundy
OLY-125	OLY-155	46848300	36349900	OLY-130	OLY-105

CUSTOM COLORS AVAILABLE UPON REQUEST CONTACT US FOR PRICING AND LEAD TIMES

HOIST DUAL SERIES (HD)

FRAME

- Platinum
- White
- Matte Black

UPHOLSTERY

- Black

OLY-115

MOTION CAGE (MC, MCS)
PERFORMANCE SERIES (PS)

FRAME

- Platinum
- Matte Black

SUB FRAME

- Black

CUSTOM COLORS AVAILABLE UPON REQUEST CONTACT US FOR PRICING AND LEAD TIMES

HOIST LIGHT COMMERCIAL / HOME FREEWEIGHTS (HF)
H4400 & H2200

FRAME

- Matte Black

UPHOLSTERY

- Black

OLY-115

*PLEASE CONTACT A SALES REPRESENTATIVE FOR INFORMATION ON MATTE BLACK PRODUCT AVAILABILITY

NO CUSTOM COLORS AVAILABLE

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WARRANTY POLICY

HOIST® Fitness offers one of the best warranty policies in the industry, reaffirming our commitment to quality and customer satisfaction. HOIST® Fitness warranties this product to the original purchaser only. HOIST® Fitness guarantees this product to be free from defects in workmanship and/or materials under normal use or service. ***FOR COMPLETE WARRANTY INFORMATION, VISIT HOISTFITNESS.COM AND CLICK ON THE "SUPPORT" LINK.*** Warranty policy applies to defects from the manufacturer only.

HOIST® Fitness reserves the right to change product specifications, design, and function at any time.

TRADEMARKS AND PATENTS

HOIST® Fitness products are covered by U.S. Patents, Patents Pending and Trademarks. HOIST is a registered trademark. All Rights Reserved.†

- *HOIST®*
- *ACT NOW®*
- *CABLE-DRIVEN™*
- *CLUB QUALITY GUARANTEED®*
- *COMPOSITE MOTION™*
- *DUAL ACTION SMITH®*
- *EASY GLIDE™*
- *EZ-LOC LATCHING MECHANISM™*
- *FEEL THE RIDE®*
- *GLUTEMASTER®*
- *HOIST CLASSIC®*
- *QUIK-CHANGE®*
- *RADIAL LOC®*
- *RIDE ORIENTED CIRCUIT-INTERVAL TRAINING™*
- *RIDE ORIENTED CONDITIONING®*
- *RIDE ORIENTED CONDITIONING SYSTEM®*
- *RIDE ORIENTED CONDITIONING-INTENSITY TRAINING™*
- *RIDE ORIENTED XERCISE®*
- *ROC®*
- *ROCS®*
- *ROX®*
- *ROC-IT®*
- *ROC-ABS®*
- *SILENT STEEL®*
- *SPLIT WEIGHT CABLING™*
- *ULTRA-LITE LIFTING SYSTEM™*
- *DUAL SERIES™*
- *FLIP-N-DIP®*
- *FLIP-N-GRIP®*

D427,652, D431,059, D431,615, D437,370, D437,371, D438,267, D439,292, D439822, D439,943, D440,610, D444,190, D444,518, D446,440, D446,831, D454,604, D455,184, D455,310, D455,803, D456,862, D457,580, D511,726, D513,598, D518,861, D519,585, D519,864, D526,370, D528,023, D528,172, D533,608, D536,046, D539,857, D541,357, D541,358, D541,893, D542,868, D544,050, D545,383, D556,842, D561,276, D569,459, D569,926, D574,448, D574,449, D577,234, D578,584, D579,989, D583,426, D590,032, D746,388, D797,757, D807,446, D807,447, D808,475, D818,547, 5,683,334, 5,733,233, 5,800,321, 5,807,219, 5,916,072, 5,951,444, 5,961,428, 5,980,434, 6,004,247, 6,193,635, 6,264,586, 6,319,178, 6,338,701, 6,347,777, 6,409,637, 6,443,878, 6,491,606, 6,491,609, 6,497,639, 6,551,226, 6,561,960, 6,579,213, 6,605,022, 6,988,977, 7,052,444, 7,166,066, 7,316,634, 7,322,906, 7,322,911, 7,331,911, 7,335,140, 7,361,125, 7,384,381, 7,393,309, 7,749,143, 7,468,024, 7,544,156, 7,549,880, 7, 549,949, 7,563,209, 7,563,214, 7,594,880, 7,597,655, 7,601,187, 7,641,600, 7,654,938, 7,654,940, 7,670,269, 7,713,179, 7,717,832, 7,731,638, 7,749,371, 7,749,372, 7,766,802, 7,806,809, 7,815,555, 7,867,149, 7,878,953, 7,901,335, 7,901,337, 7,909,743, 7,938,760, 7,963,890, 7,976,440, 7,981,010, 7,988,603, 7,993,251, 8,002,679, 8,007,411, 8,021,070, 8,057,368, 8,162,807, 8,172,732, 8,177,693, 8,257,231, 8,308,620, 8,317,665, 8,328,698, 8,562,496, 8,702,573, 8,734,304, 8,852,060, 8,870,720, 8,915,667, 8,926,480, 9,017,238, 9,126,081, 9,205,298, 9,302,136, 9,440,106, 9,517,379, 9,522,297, 9,604,086, 9,682,276, 9,707,448, 9,808,699, 9,833,656, 9,861,850, 9,868,016, 9,925,448, 9,943,721, 9,950,210, 9,968,819, 9,999,797, 10,010,740, 11,135,475 11,013,949 10,780,310 10,737,131 10,709,922 10,646,739 10,639,513 10,532,244 10,486,012 10,426,990 10,420,985 D857,812 10,391,352 10,350,445 D852,291 10,307,630 10,220,240,WW D836,733 10,086,229

† Other Patents Pending

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