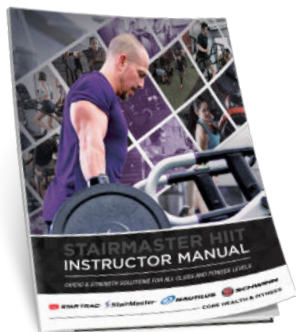




HIITMILL® X 9-4680

Unlike a standard treadmill the StairMaster® HIITMill X is a self-powered speed and strength training tool designed to build explosive power when used in a High-Intensity Interval Training program. This High-Intensity machine delivers an effective resistance training platform that captures the benefits of speed and agility training, lateral training and sled training. Users can now push, drive and sprint with the resistance of a sled, safely and with a smaller footprint. These easy to use tools allow users to drive up metabolic intensity and make for a more space efficient solution to alternative training methods. Gear up for one tough and rewarding HIIT workout that members will love to hate.



STAIRMASTER HIIT PROGRAMMING

Have your trainers and coaches HIIT certified by our Master Instructors, leverage our unique HIIT products to attract members and learn to market your own exciting HIIT program to create a new source of revenue for your facility.



TRACK YOUR INTENSITY

Track your workout with detailed metrics, follow one of the built in workout programs, and connect to your phone via Bluetooth to save and share your workout. The console also comes equipped with ANT+ giving you the ability to pair with heart rate trackers and connect to group displays.



HIITMILL® X 9-4680

| | |
|---------------------------------|--|
| LENGTH | 78 in (197 cm) |
| WIDTH | 55 in (140 cm) |
| HEIGHT | 66 in (167 cm) |
| RESISTANCE SYSTEM | Magnetic resistance brake with resistance control lever |
| BELT TYPE | 3mm PVC cushioned (compatible with plastic field cleats) |
| INCLINE RANGE | Fixed 11-degree incline |
| DECK TYPE | MDF with phenolic coating |
| RUNNING AREA | 23 in Wide |
| STEP-ON HEIGHT | 7.5 in (19 cm) |
| FARMER'S CARRY LIFT ARMS | Yes |
| CONSOLE | StairMaster HIIT |
| POWER REQUIREMENT | Self-powered walking, running and pushing |
| MAX USER WEIGHT | 350 lbs (159kg) |
| WATER BOTTLE HOLDER | Yes |
| FRAME CONSTRUCTION | Heavy-gauge welded steel construction |
| COLOR SCHEME | Black and Silver |
| FINISH | Electro-static powder-coat |
| MACHINE WEIGHT | 441lbs (220 kg) |
| SHIPPING DIMENSIONS | 40.94 in x 82.3 in x 33.86 in (104 cm x 209 cm x 86 cm) |
| SHIPPING WEIGHT | 553 lbs (251 kg) |



HIIT CONSOLE

| | |
|--------------------------------|--|
| DISPLAY TYPE | Fixed Segment LCD |
| DISPLAY AREA | 13.8in ² |
| BACKLIGHT | Yes |
| # METRICS DISPLAYED | 5 |
| # PROGRAMS | 5 |
| CUSTOM PROGRAMS | 5 (Time, Distance, Calories, Time Interval, Calorie Interval) |
| POWER REQUIREMENT | Power two C cell batteries or an optional external power supply can be ordered |
| 5 GHZ HEART RATE | Yes |
| ANT+ HEART RATE | Yes |
| ANT+ L. BOARD SIGNAL | Yes |
| BLE CONNECTIVITY | Yes |
| MULTI-LANGUAGE OPTIONS | No |
| QUICK START OPTIONS | Yes |
| BLUETOOTH DATA TRACKING | Yes |
| USB SOFTWARE UPLOAD | Yes |

Core Health & Fitness is more than gym equipment, we offer innovative solutions for all your facility needs. This is why we've brought together five of the most recognizable fitness brands to ensure our customers can offer their members authentic fitness experiences. Whether working with us directly or through our partners and distributors worldwide, we provide the highest quality equipment backed by a service and support team that will always go the extra mile to get you what you need, when you need it. Partner with us and see how our Core Values motivate our every decision.

